

Information about allergens

All food is freshly prepared in our kitchens and whilst we have controls in place to minimise cross-contamination, many allergens are handled in store and we cannot guarantee that our food will be allergen free or that it will be suitable for those with allergies. Our vegan items are made to vegan recipes however are not suitable for those with dairy & egg allergies.

Information about allergens	Sign		Translation												
	Y		Allergen that is in the product												
	MC		May Contain - The allergen is present at the point of manufacture of the ingredients and may cross-contaminate the ingredients												
All food is freshly prepared in our kitchens and whilst we have controls in place to minimise cross-contamination, many allergens are handled in store and we cannot guarantee that our food will be allergen free or that it will be suitable for those with allergies. Our vegan items are made to vegan recipes however are not suitable for those with dairy & egg allergies.	Egg	Fish	Milk/Lactose	Peanuts	Sesame	Crustaceans	Soya	Nuts	Cereal products contain gluten	Sulphites	Celery	Mustard	Lupin	Molluscs	
Bread															
White bread							Y		Wheat						
Whole grain							Y		Barley, Wheat						
Seed Mix Whole grain					MC		Y		Barley, Wheat						
Sesame Seed topping White bread				Y	Y		Y	MC tree nuts	Wheat	Barley					
Honey Oat Topping Whole grain					MC		Y		Barley, Wheat, Oat						
Italian Herb and Cheese White bread			Y		MC		Y		Wheat	Barley					
Wheat Tortilla									Wheat						
Meat, Poultry, Seafood and Non-animal Protein															
Bacon															
Chicken Breast															
Teriyaki Glaze Chicken					Y		Y		Wheat						
Rotisserie Style Chicken															
Buffalo Chicken															
Pork Ham															
Pepperoni															
Salami															
Philly Steak									Barley						
Tuna Mayo	Y	Y										Y			
Turkey															
Spicy vegan patty							Y		Wheat		Y				
Teriyaki Glaze Vegan Soy Strips					Y		Y		Wheat		Y	MC			
Cheese and Vegetables															
Grated Cheddar			Y												
Grana Padano Cheese	Y		Y												
Mozzarella Cheese Slices			Y												
Jalapenos										Y					
Black olives															
Pickles															
Sweetcorn															
Cucumber, peppers, red onions, tomato, lettuce, spinach															
Condiments and Sauces															
Hickory Smoked BBQ Sauce			Y										Y		
Chipotle Southwest Sauce	Y												Y		
Honey and Wholegrain Mustard													Y		
Mustard Sauce													Y		
Light Mayo	Y												Y		
Chilli Mayo	Y		Y		Y		Y				Y	Y			
Sweet Onion sauce													Y		
Green Goddess	Y		Y										Y		
Bernaise Sauce	Y						Y								
Vegan Mayonaise										Y		Y			
Buffalo Sandwich Sauce															
Cheese sauce	Y		Y		Y								Y		
Marinara Sauce															
Olive Oil															
Salt															
Pepper											MC				
Italian Herb and Cheese			Y												
Cookies															
Rainbow	Y		Y				Y	MC Tree Nuts	Wheat						
Chocolate Chunk	Y		Y				Y	MC Tree Nuts	Wheat						
White Chip Macadamia	Y		Y				Y	Macadamia Nuts	Wheat						
Double Chocolate (Vegan)	MC		MC				Y	MC Tree Nuts	Wheat						
Sides and Snacks															
Doritos® Nachos (Doritos® Tangy Cheese Tortilla Chips)			Y				MC		MC Wheat						
Doritos® Nachos (Doritos® Sweet Chilli Pepper Tortilla Chips)							MC		MC Wheat						
Various															
Coffee with Milk			Y												
Black coffee			MC												
Dispensed Drinks															
Collab Raspberry and Apricot		Y				MC									
Collab Forest Berry		Y				MC									
Celcius drinks (Fantasy Vibe, Strawberry Lemonade, Cosmic Vibe)															

Although every care has been taken to remove bones from our meat and fish ingredients, some may remain.

Although extra care has been taken to remove all olive stones, some may remain.

Information correct at the time of printing (01/09/2026)

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